

# 15. Boxed in

## Passing in a tight, flat, crowded situation

This game works on communication, handling skills and vision. Because the attack has no depth, the defenders can often be amongst them, meaning normally lateral passing becomes less effective. You should see some interesting solutions.

### Set up

Players: 5 attackers v 3 defenders.  
 Area: 30m wide, no more than 10m deep.  
 Equipment: One ball.

### Game notes

- Start with two handed touch tackling, but only allow the ball carrier two seconds to then pass the ball. In full contact allow offloads.
- Any infringement leads to a restart.
- There are no offside, so the defence can go anywhere once you have thrown the ball in.
- The attack has five attempts.

### Score

- 1 point for a try.

### What to call out

- "Ball carrier: move the ball away quickly, keep the defence moving"
- "Defenders: get in between the attack"
- "Supporters: get into lateral space"

### Coaching notes

- ✓ It might take some time for the attack to find solutions. Ball carriers may initially dither on the ball, rather than looking for options before they receive the pass.
- ✓ The ball carrier will need to go forward to draw defenders. However he might need to go sideways or even backwards if he wants to develop forward movement somewhere else.

